



Longbeach Place Community News Issue 11 December 2023

Hello Everyone,

Welcome to the December edition (and last for 2023) of Longbeach Place Community News.

Spring sprung and now we enter into the summer that only Melbourne can give us.

Its been a jam packed past 3 months and we have been having so much fun here at Longbeach Place.

We are now in the final stages of our rebranding with our new name being unveiled in the new year. This truly was a community effort and we hope you're as pleased with the result as we are. Stay tuned for the launch in 2024!

Please take note : Longbeach Place will be closed from the 22nd of December until the 15th of January

2024 looks to be full of exciting times and we can't wait to share them with our amazing community. We hope you all have a beautiful holiday break and we will see you all in 2024!

We would like to thank our Tutors, Volunteers, Participants, and our wonderful community for all your support throughout the year. Big thankyou also to the City of Kingston and Bakers Delight.

October , November and December Showcase

November started with our Positive Thinking Workshop. We all learnt how to make our mind our best friend. We followed that with our Glitz and Blitz Workshops where we decorated shoes and made some beautiful wreaths. December had us Eco dyeing silk scarfs with nothing but ingredients derived from plants and celebrated the year at our end of year Chatty Cafe with a special performance from our Chelbara singers.





Longbeach Place Summer Closure

Longbeach Place will close on
Thursday 21st December 2023 at 3pm

and will reopen on
Monday 15th January 2024 at 9:30am

If you have any questions or concerns please don't hesitate to contact us
 on 9776 1386 or email reception@longbeachplace.org.au

We wish you all a safe and happy holidays and we can't wait to see you all again in the new year!

Whats on - 2024



Join us in January for our first Chatty Cafe for 2024!
Tuesday 16th January
11am -12:30pm



Yoga for Kids

When: Wednesday 17th January and Tuesday 23rd January
Time: 10:30am -11:30am
Where: Longbeach Place-15 Chelsea Rd Chelsea

Cost: 1 Child \$7
\$5 for each additional Child
\$10 for 2 (child and parent/carer)

**Children under 12 must be supervised*

Email reception@longbeachplace.org.au or phone 9776 1386 to book



Term 1, 2024

30th January 2024 - 28th March 2024

Monday

English as an Additional Language
9:30am-3:00pm- Free (eligibility criteria applies)
Chelbara Singers 10:00am - \$7.00
Gentle Stretching 1:00pm- \$2.00
Reborn Social Group- 2:00pm -3:00pm
\$2:00 (1st Monday of the month)
Yoga 6:00pm - \$5.00

Tuesday

Walk n Talk 10:00am- \$2.00
Art Innovation 10:00am-12pm- \$5.00
Chatty Cafe 11:00am-12pm (2nd Tues monthly)

Wednesday

VR Travel/fitness 10am -11am (gold coin donation)
Cha Cha -11:45am -12:45pm \$7.00
Digital essentials Level 1 1pm -3:30pm Free (eligibility criteria applies)

Thursday

Zumba 9:30am; \$7.00
Chair based Exercise 10:30am -11:30am \$7
Craft 11am -1pm
Women's Support Network Group for women over 40 1pm -3pm

Friday

Zumba 9:30am; \$7.00
All Abilities Music 10:30am-11:30am
All Abilities Art 11:45am- 12:45pm

Saturday

PC Support Group 1:00pm-\$5.00 1st Saturday of the month
Bayside Book Club 4:00pm- \$2.00 1st Saturday of the month

We are very excited to be adding new classes to our Term 1 timetable for 2024. Cha Cha is the next class in our dance series and follows on from Salsa. **Cha Cha runs on Wednesdays from 11:45am –12:45pm.**

We are also adding **Chair Based Exercise** which will run on **Thursdays 10:30am –11:30am**

Women's Support Group for women over 40 – **Thursdays from 1pm –3pm**

Featured Recipe- Christmas Rocky Road



Ingredients

- 500g leftover Christmas tree chocolates or other plain chocolates
- 100g unsalted butter
- 250g leftover Christmas cake or pudding, chopped into bite-size pieces
- 200g Christmas biscuits (such as biscotti, amaretti, lebkuchen or florentines), broken up
- 150g leftover nuts, nougat or seasonal dried fruit, chopped if large

Method

1. Melt the chocolate with the butter in a bowl set over a pan of barely simmering water. Make sure the bottom of the bowl isn't touching the water.
2. Once melted, stir in the Christmas cake (or pudding), biscuits and nuts, nougat or seasonal dried fruit.
3. Spoon into a greased and lined, 20cm square brownie tin. Chill in the fridge until set, then cut into squares and serve.

Housekeeping Reminders

At the conclusion of each session please ensure that the steps listed below are followed :

Turn off air Conditioner/Heater and return remote control to appropriate place

Make sure Milk is put into refrigerator and lids put on biscuit tin and the
coffee/sugar containers

Place dirty cups and cutlery in the dishwasher

Turn off lights and fans

DID YOU KNOW?

LBP rooms are for hire Perfect for group meetings . Great rates! Call us or
check the LBP website.

If you have a skill or talent you would like to share then we need you! or if
you would just like to offer some time to Longbeach Place please be in touch.


Its fun, It's social, its local!

Networking Information



We're inviting the community to share ideas and feedback, and suggest new projects, facilities and initiatives year-round for consideration in our annual budget process and to help deliver on our [Community Vision](#) to make Kingston the most liveable city. Find Out more here :<https://www.yourkingstonyoursay.com.au/talking-kingston>

**Chelsea Bonbeach
Train Station present
Community
Connections.
Register your interest
for the interactive
session on Saturday
January 20th 1pm –
5pm.**



**Chelsea & Bonbeach
Community
Connections**


**Chelsea Bonbeach Train Station (CBTS)
Presents: Community Connections**

An interactive session providing you an opportunity to network and discuss the issues that are affecting you in our suburbs, while leaving you with insights from CBTS's walking audits of Chelsea and Bonbeach and from our guest speakers.

**Saturday 20 January, 2024
Longbeach Place – Chelsea Rd, Chelsea
1pm – 5pm**

On the day we'll also be joined by Councillor Georgina Oxley (Longbeach Ward) and other special guests sharing their expertise and experiences throughout the day.

Light refreshments will be provided for afternoon tea so registering is essential.



**REGISTER
TODAY!**

Organised by
CBTS
chelsea · bonbeach
train station group

